

## Conflict management

- Conflict management
- Skills session
- Strengthening team roles

### Conflict management

### Skills sessions

Teambuilding provides teambuilding solutions, in a fun, energetic and safe manner that teams, businesses and people love.

Teambuilding has earned a reputation for the design and implementation of the highest quality experience-based learning programs.

### Strengthening team roles

Builds co-operation and understanding

This session includes an activity and explores the different styles and roles that people play in teams. This will allow people to understand how to bring out the best in others and be more understanding and flexible in responding to their needs.